



The Cumberland Magazine



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www.cumberlandriflemen.com

Club Rules

Member ID badges must be worn and visible. Guests must be signed in and out. Guest badges must be worn visible and returned when leaving.

Editor...Rob McKenzie

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Greetings from The President's Corner

As the year comes to an end, we can look back and see how the pull back of Covid restrictions by the state has allowed us to return to a near normal operation of our range. Because of this, we were able to expand the number of people at our ranges at any given time. Also, we recently added new members who are now able to bring additional guests to the range, thus introducing new people to our sport. My hopes are that next year we will continue to operate at a normal, historic level.

We continue to evaluate the use of the ranges, and also make adjustments to its operation, to ensure your safety and enjoyment while utilizing the facilities. In the past fifteen years we have made major improvements of the ranges and will continue to do so as funds are available. As you all must be aware, the cost of living continues to raise, which in turn costs us more to operate the range. Insurance, taxes, and maintenance costs continue to rise.

During the past few years the participation of our members during work details and maintenance days has dramatically decreased. This has forced us now, and in the future, to pay for work done on the ranges, work which was previously done by members. So please try and get involved next year in the operation and upkeep of the range.

I would like to thank all those members, especially the board members, who put in many hours of their time this past year to keep the range running and working as efficiently as possible for all membership.

Wishing you all happy and safe holidays,

Jim McGarry
President, CRI



Erosion repair on the berm was accomplished this year on the 600 yard range.

The erosion issue caused the clogging of the drainage in the target pits on the big range. All fixed now!

Musings, From The Editor's Pen

Sitting here before breakfast, deliberating over a cup of coffee, I'm thinking about how I could make our corner of the world a better place. You know, help everyone get along, being more acceptable of each other. As the thoughts of *Cumberland Riflemen* go through my mind, I have a realization. We need to change our name. It's time we woke up and rid ourselves of **gender** bias, the referred utilization of dangerous implements and, by extension, the association with things like **dead** animals. You know, I am not even going to wait for the input of the Executive Committee, because this is just too urgent. Have to get moving on this, like now. Breakfast can wait.

Of course, the first step is to ascertain exactly **WHAT** part of the name is problematic, and so offensive. This determination is crucial. For instance, when the *Washington*

Redskins changed their name to the *Washington Football Team*, I was shocked, because, well, I thought the city of **Washington** was the offensive part of the old name. Just sayin'.

Looking into *Cumberland*, I see that the Cumberland Plough Boys are associated with the Confederate Veterans Camp in NC. There is also a Cumberland Co, NC Confederate Memorial dedicated by the Women of Cumberland. Now, this is real trouble, and *Cumberland* must be tossed. The names **Vineland** or **Millville** probably can't be included in the name of a gun club, as both city councils would likely call emergency sessions. *South Jersey* is taken. I'm sure that **Route 49** commemorates the 49th North Carolina Regiment of Battle of the Crater fame, so that's out. Too bad we're not located on Union Road. That would solve a lot of issues. Wait just

a minute !! *Cumberland* could be replaced by *West of Union Road*, as the Union Army could do no wrong. Now, that is simply genius, if I do say so.

Now moving on to *rifle* and *men*. Oh boy, real issues there. Remember when we were told that we couldn't use *mailman* anymore?!?! But, I do agree that rifles aren't only for men, just ask my daughter. So, maybe this **men** part won't be so difficult, except that *rifle* will have to change too. *Rifle* might even be offensive to pistol and shotgun people, so yeah, it has to go. So, there's thunder stick, but the descendants of any Native American my take issue. Rod, equalizer, piece, hardware, persuader, roscoe might all do, but I think I'll just make it simple, and, instead of *rifle*, go with: *A piece incorporating a metal tube from which projectiles are propelled by force, typically making a loud, sharp noise*. Even though every food server in existence now calls everyone collectively *guys*, as in "Will you guys be having dessert tonight?", I'm going with **persons** as replacement for the **men** part,

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Musings

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'cause *guys* won't fly either.

So, here we go, and I'm extremely proud of this. I propose our new, socially acceptable name, to be: *The Society, west of the road commemorating the Union Army, for persons who utilize a piece incorporating a metal tube from which projectiles are propelled by force, typically making a loud, sharp noise; Incorporated.* Now, finally, the real genius of it all. If you take the four words I've highlighted, with a slight change in spelling, we can effectively shorten the name of our club to **Union Peace Society, Inc.**

With a politically correct name like that, can you see the opportunities open to us to receive **millions of dollars** in federal and

state grants, to further "Gun Safety and Education"?!! I mean, it is what we do best, after all, so no deception there. Enamored by the name, those clueless bureaucrats will dole out the money and never be the wiser!! Just think: safety and education programs, a clubhouse, shotgun and archery range, electronic targets, another 200 acres.

Whew! Now that was a good morning's work, if I do say so. Just



waiting now for the imminent rubber stamp of the Executive Committee.

Now, hungry and free of guilt, it's time to slice up a **Chiquita** banana into my bowl of **Crispy Critters**.

Rob McKenzie
The "Wokest" Editor

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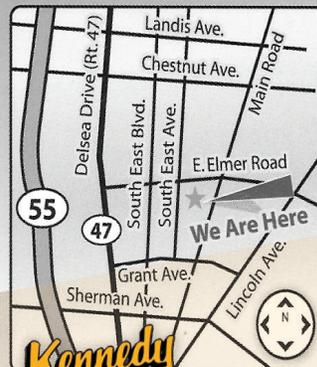


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Civilian Marksmanship Program Report

Another season of competition has come to an end. I would like to report that our attendance for the year 2021 was up from 2020,



The winner of the Governor's 10 match, Tom Foster (right), being presented the award by CMP Chairman, Joe Burkel.

but unfortunately, it was not. I am sure that Covid, the lack of ammo and reloading supplies, and fear of not being able to get any supplies for quite some time, had a lot to do with the declining match attendance. The good news is ammo and reloading components are starting to show up here and there, although at high prices. At least it shows signs of improvement. With any luck we will be back to normal come spring 2022. Luckily, we have a core of dedicated shooters who attend most, if not all, our CMP matches. I would like to thank those competitors and friends for being there to keep the program going, as without them, we would not have a program to run!

Here are some of the GSV match winners for 2021; High shooters for the M1 Garand were, **Alex Jenkins** (twice), **Jim Jenkins** (twice), and

Don Zubritsky. The 1903 Springfield match winners: **Jim Jenkins** (twice). Jim set a new range record of 286-4X, awesome shooting! Vintage rifle winners were, **Jim Jenkins**, and **Rob McKenzie** (3 times) and **Rob** also set a new range record of 291-6X, an unbelievable score! In the Modern Military category, **Rob McKenzie** and **Rachel McKenzie** both had match wins. As you can see, it runs in the **McKenzie** and **Jenkins** families!! In the Modern Military Unlimited class, **Kevin Tunney**, **Joe Burkel**, and **Lee Nugent** were high shooters, and **Kevin** had the highest score of 293-11X out of a possible 300 score.

We held two *Stand Up for the Second Amendment* matches, where competitors fired all shots from the standing position, and the proceeds went to their favorite second amendment organization. This year we donated to the **Gun Owner's of America** and the **ANJRPC**. Winners were **Rob McKenzie** with a 570-6X and **Lenny Kurtich** with a 552-4X. Rob's average for the 3 strings of 20 shots for record was 190-2X. That is hard to do 3 times straight!

In our new *Silhouette Matches*, **Lee Nugent** and **Rob McKenzie** both shot perfect scores of 40 hits

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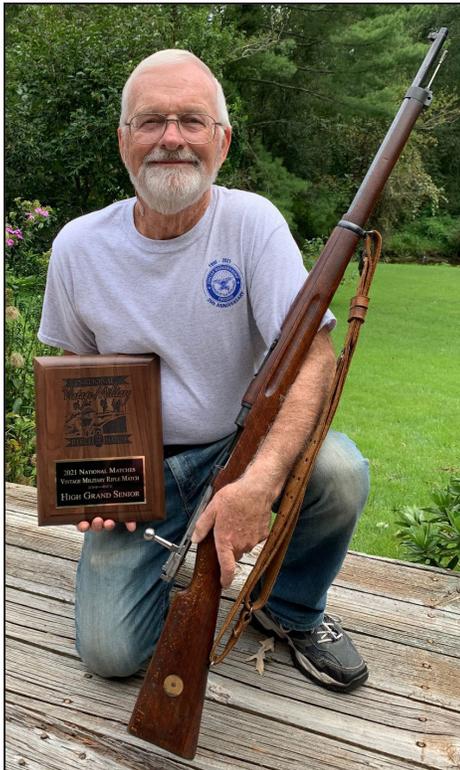
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A gun is like a parachute: If you need one but don't have it, you'll probably never need one again.

Civilian Marksmanship Program Report

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National Grand Senior Vintage Rifle Champion, Rob McKenzie, with his Model 96 Swedish Mauser.

out of a possible 40. These matches were a lot of fun and initially did bring out new shooters as intended, but as the season went on, attendance dropped off. Because of that we will not be running Silhouette matches in 2022. Maybe in the coming years if attendance gets back to normal, we can bring it back.

In the August *EIC Match*, **Tom Foster** was the match winner with a 488-17X. **Tom** shot a perfect score at 600 yards: a 200-7X. That's a very tough accomplishment with a service rifle, and has only been done a handful of times by some of the best shooters in the area.

The *Ironman Match* (shot with iron sights) was won by **Rob McKenzie** with a 465-7X. This was the same course of fire as an *Excellence In Competition* match, but shooters were given two sighting



The New Jersey State Rifle Team, at Camp Perry in August. Second row from the left: Bobby Hahn, Coach Joe Burkel (CRI Member), Jessica Peoples, and Joe Wyatt. Front row, from the left: Jim Jenkins, Mike DeStefano, and CRI Members Rob McKenzie and Tom Foster.

shots at each position. **Rob** has had an outstanding year. He has always been a great shooter, but has really excelled lately. **Rob** also made the *President's Hundred* list this year at the National Matches, an accomplishment that is so hard to obtain. You only get one chance per year, and you must shoot against the best in the country to make it. **Rob** also won the National Grand Senior title in the *Vintage Rifle Match* at the Camp Perry Nationals, firing a Swedish Mauser. We all know that Rob is as old as dirt, so it's never too late to get started in competition. I can joke with Rob, as he gives me the same in return, plus he gets to edit this article, so he can delete it if he likes, though I know he won't. Love ya Rob!

The *Garand/Springfield/Vintage Championship* is where we award **State Champions** in each of the 3 categories: M1 Garand, 1903 Springfield, and Vintage Rifle. We also award a state champ for the 3-gun aggregate. If the match winner is from out of state, they received a match winner plaque. Winners for the M1 were: **Alex**

Jenkins (match winner) with a 280-5X. The State Champ was **Joe Burkel** with a 273-3X. The 1903 Springfield winners were **Jim Jenkins** (match winner) with a 286-4X and State Champ was **Joe Burkel** with a 259-4X. Vintage Rifle match winner and State Champ



In the words of a famous rifle coach: "The wind is the wind."

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Civilian Marksmanship Program Report

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Rachel McKenzie, on the line of the Governor's 10.

went to **Rob McKenzie** with a 276-6X. The 3-gun State Champ went to **Joe Burkel** with a 778-8X. I feel I need to mention that Rob only fired two rifles and had he fired all three he would have more than likely won the 3-gun Champion-

ship as well.

The CMP program wrapped up its season with the **Governor's Ten Match**. The match winner was **Tom Foster**, with an excellent 292-8X out of a possible 300, a great score deserving of the win! The Gover-

nor's Ten for 2021 are:

1. Tom Foster
2. Rob McKenzie
3. Lee Nugent
4. Mike DeStefano
5. Darrin Montagna
6. Angelo Tufaro
7. Rachel McKenzie
8. Don Zubritsky

That wraps up the highlights of the season. Our 2022 schedule will be similar to 2021, but there will be no **Silhouette** matches. I will bring back the **MIA Match**, as I had quite a few shooters ask about it, and I recently acquired an M1A and want to put it to use!! We run a GSV clinic every March, and I plan on changing the curriculum to focus on shooting rifles in competition. So, if you would like to learn about competitions, come to the clinic. We are trying to get more club members involved in the CMP matches, and would welcome any input from members on types of matches they would be interested in or reasons why they **don't** attend the offered matches. Contact **Joe Burkel** with questions or suggestions. My contact info can be found on cumberlandmatches.com under the CMP program.

Joe Burkel
Director, CMP Program

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High Power Rifle

Once again the leaves are falling and the 2021 High Power Rifle season has come to an end. We had good attendance, with 72 competitors in the 6 matches we held, averaging 12 shooters each month.

Rob McKenzie won the High Power Rifle State Championship with a score of 783-23X. It was the second year in a row for Rob.

Fortunately, no matches were canceled this year due to politics, or weather! The end of this season marked the culmination of 11 years for **Brian Gross** serving as the Across The Course (XTC) statistical officer. Brian did an excellent job and will be missed at CRI. The new statistical officer is going to be **Ron Siliani**. He has coordinated and run the matches in New Holland, PA for several seasons, and has called the firing line at Cumberland many times. Ron is also the guy most competitors recognize as the one to beat in XTC competition. We have an ambitious season scheduled for 2022, with eight matches planned. The first match will be in March, and we are adding the July and August matches back onto the schedule.

Cumberland took in 75 new members at the end of October. I encourage any new and current members interested in learning to shoot, and possibly compete on the

600 yard range, to participate in the **High Power League**.

We start up again in March of 2022, meeting each Tuesday at 4:45 pm. Each week we shoot one of the positions of the National Match Course at 200, 300, or 600 yards. The league is a great place to ditch the sandbag and really learn how to shoot. Lots of expert help and advice is available.

The re-election of Phil Murphy means more challenges ahead for legal gun owners in NJ. The United States Supreme Court heard oral arguments on November 3rd, surrounding a case that will have national ramifications no matter what the majority rules. The case that was argued challenges the “May Issue” standard in New York City. If the decision rules that this very restrictive law is unconstitutional,

it will eventually force NJ to change its concealed carry laws. Equally as important is the level of scrutiny that may be applied to firearms cases going forward. Scrutiny levels determine the level of infringement the government can place on our rights as gun owners. The Heller and McDonald decisions in 2008 and 2010 should have made Second Amendment cases “strict scrutiny” only, but have been ignored in many cases since. Strict scrutiny means the government should have to show a very compelling reason why it is infringing on our rights. I urge gun owners to read some of

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The offhand portion of a Service Rifle Match. This is not where you find out if your rifle can shoot. You find out if YOU can shoot!

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High Power Rifle

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the links attached to this article. The links will give you a look at some of the legal briefs submitted to the Supreme Court prior to hearing this case. The beginning of all the briefs is a lot of legal mumbo jumbo. Page down until you find the summaries and explanations in each one. We may not have a decision until summer of next year.

Happy holidays to everyone. Stay healthy and see you next season. Now back to polishing and resizing brass.

- [Supreme Court Link #1](#)
- [Supreme Court Link #2](#)
- [Supreme Court Link #3](#)
- [Supreme Court Link #4](#)
- [Supreme Court Link #5](#)

Darrin Montagna
Rifle Committee



Rob McKenzie, left, receiving the NJ State High Power Rifle Championship award, from Darrin Montagna.

Practical Pistol Range Rule and Safety Notice

Remember, the practical range is only to be utilized by members who have been through the **holster class**. This class is given by the board of directors, and those who complete the class are issued a letter "H", which is then displayed on their Cumberland Riflemen ID card.

ALSO, NO GUESTS ARE PERMITTED TO USE THE PRACTICAL RANGE.



The High Power League tore the center out of the targeted pizzas at the end-of-year pizza party.

Black Powder Target Rifle Report



The participants and their awards at the Black Powder Eastern Regional and New Jersey State Championship Match on June 12.

Cumberland Riflemen 2021 Eastern Regional & NJ State Championship BPTR Mid-range Match — June 12, 2021

We were very fortunate during first two matches of the season, with great weather for both. Just a bit of light rain about 20 min after the match began, followed by mostly cloudy skies and temps topping out at about 78 F. Mild breezes blew, which were just enough to blow the smoke away and move a shot off the black at 600 yards, if shooters were making poor wind calls (like me).

We had several shooters who missed the match due to work related issues, making up for Covid 'lost time'. However, we also gained a new shooter, who shot a borrowed, caliber .45-100 rifle in the match. He also had never before shot either a BPTR rifle or used a vernier scale on a sight. **Jim Karrenbauer** did a great job and persevered, especially at 600 yards. Once on, he did not miss again. Good job, **Jim!**

Once the smoke had blown away and we all had our hoagies & drinks, the scores were tallied. As in the last match, in the iron-sights

category, **Dave Harrison** was at the top of heap with a nice 549-14X as match winner, gold medal recipient & NJ State Champion. He was followed VERY closely by **Mike Benson** with a 548-10X (silver medal) and **Carl Leisinger** with a 536-6X (bronze medal).

In the scoped rifle category, **Vince D'Alessandro** shot a nice 554-15X, as match winner & gold medal recipient, followed by **Glenn Davis** with a 524-6X (silver medal & NJ State Champion) and **Michele D'Alessandro** with a 517-10X.

Thanks to **Vince D'Alessandro** for setting up the range, and to **Lee Nugent** for running the pits and getting everything put away, making my job as the match director so much easier.

Glenn Davis
Black Powder Chairman

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FROM THE EDITOR: The Great Purge

“You never let a serious crisis go to waste. And what I mean by that it’s an opportunity to do things you think you could not do before.”

Rahm Emanuel, White House Chief of Staff to President Obama.

(Please note: The following is my opinion, and not endorsed by any officer of the Club.)

The Covid pandemic **crisis** was a test bed for governments to see how much control they could get away with, in the name of public safety, of course. The wholesale closure of untold numbers of businesses, indoor and outdoor venues, celebrations, and the list goes on, was an unprecedented overreach by governments. The livelihoods and aspirations of millions of citizens were crushed.

Meanwhile, we entered into a

presidential election cycle, a very contentious election ensued, and the results were held in suspicion by a large portion of the population, and not without cause. The second **crisis** occurred on January 6th, and became known as an insurrection. Sadly, this played directly into the dream of those on the other side of the fence, and the stage was set.

Conservatives have often been the target of state and federal governments. There was no doubt that many of the military officers, who were sacked by President Obama, were fired because of their political differences with the President. Do we really wonder why China and possibly Russia are ahead of us on programs like hypersonic weaponry, and we are naming a ship after Harvey Milk?

Immediately after January 6, the call went out to comb the military branches, National Guards, police forces, Border Patrol, and

even fire/rescue units, looking for anyone who had even a tenuous tie to groups present on January 6, and fire of them! This, of course, basically meant booting conservatives and/or libertarians from some of the most vital roles in the security of our nation. Not getting far enough with this ploy, the best of all worlds fell right into, or, was maneuvered into, their laps: the vaccination mandates. The President made the very job of federal workers and civilian government contractors dependent on being vaccinated. A number of state governors followed suit. One member of Congress has called the anti-vaccination movement an “insurrection”.

Taking advantage of these crises has become completely partisan and a very dangerous direction for this country. At the very beginning of the Covid pandemic and the

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FROM THE EDITOR: The Great Purge

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closures of businesses, I opined that more future issues will be labeled crises, and the record of government overreach will only get longer,

until it's stopped. We will continue to be separated into groups by government, to be exploited to their cause, but the vaccinated vs. non-vaccinated is really taking its toll on this country in a very insidious way. If you mix black ants and red ants in a jar, they will mingle

peacefully until you shake the jar. Once that happens, they will begin to fight savagely, dismembering each other as they fight. This begs the question: Who's shaking the jar?

Rob McKenzie
Editor

Abbott & Costello's "Who's Been Vaccinated?"

Bud: 'You can't come in here!'

Lou: 'Why not?'

Bud: 'Well because you're unvaccinated.'

Lou: 'But I'm not sick.'

Bud: 'It doesn't matter.'

Lou: 'Well, why does that guy get to go in?'

Bud: 'Because he's vaccinated.'

Lou: 'But he's sick!'

Bud: 'It's alright. Everyone in here is vaccinated.'

Lou: 'Wait a minute. Are you saying everyone in there is vaccinated?'

Bud: 'Yes.'

Lou: 'So then why can't I go in there if everyone is vaccinated?'

Bud: 'Because you'll make them sick.'

Lou: 'How will I make them sick if I'm NOT sick and they're vaccinated.'

Bud: 'Because you're unvaccinated.'

Lou: 'But they're vaccinated.'

Bud: 'But they can still get sick.'

Lou: 'So what the heck does the vaccine do?'

Bud: 'It vaccinates.'

Lou: 'So vaccinated people can't spread covid?'

Bud: 'Oh no. They can spread covid just as easily as an unvaccinated person.'

Lou: 'I don't even know what I'm saying anymore. Look. I'm not sick.'

Bud: 'Ok.'

Lou: 'And the guy you let in IS sick.'

Bud: 'That's right.'

Lou: 'And everybody in there can still get sick even though they're vaccinated.'

Bud: 'Certainly.'

Lou: 'So why can't I go in again?'

Bud: 'Because you're unvaccinated.'

Lou: 'I'm not asking who's vaccinated or not!'

Bud: 'I'm just telling you how it is.'

Lou: 'Nevermind. I'll just put on my mask.'

Bud: 'That's fine.'

Lou: 'Now I can go in?'

Bud: 'Absolutely not?'

Lou: 'But I have a mask!'

Bud: 'Doesn't matter.'

Lou: 'I was able to come in here yesterday with a mask.'

Bud: 'I know.'

Lou: 'So why can't I come in here today with a mask? ...If you say 'because I'm unvaccinated' again, I'll break your arm.'

Bud: 'Take it easy buddy.'

Lou: 'So the mask is no good anymore.'

Bud: 'No, it's still good.'

Lou: 'But I can't come in?'

Bud: 'Correct.'

Lou: 'Why not?'

Bud: 'Because you're unvaccinated.'

Lou: 'But the mask prevents the germs from getting out.'

Bud: 'Yes, but people can still catch your germs.'

Lou: 'But they're all vaccinated.'

Bud: 'Yes, but they can still get sick.'

Lou: 'But I'm not sick!!'

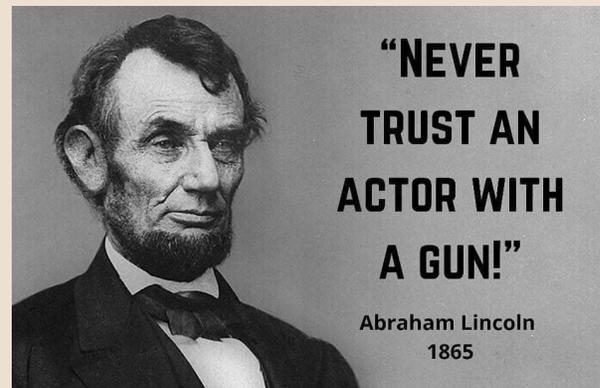
Bud: 'You can still get them sick.'

Lou: 'So then masks don't work!'

Bud: 'Masks work quite well.'

Lou: 'So how in the heck can I get vaccinated people sick if I'm not sick and masks work?'

Bud: 'Third base.'



CRI Junior Program



From the looks of his smile, this young shooter has apparently found out that position #13 is actually his lucky number!!

We successfully finished up another season for the Cumberland Riflemen Junior Program on October 23rd, 2021. As many of you know we had to cancel our 2020 CRI Junior Program because of COVID restrictions. We entered 2021 with the same issues as in 2020, and had to delay the start of our 2021 season until June 5th, coinciding with the State of New Jersey cancelling the six foot restrictions, imposed throughout the pandemic, a few days earlier. Need-

less to say, our youth were anxious to get back out on the range and we picked up exactly where we were a year and a half previous.

One of my greatest pleasures while working with our Juniors is to see the advancement that takes place with our young members. Quite often our new members have never shot a rifle before and this is a first for them. Sometimes you can see their frustrations while not being able to place their shots in the target area right away. However, we have an amazing group of fellow Instructors and Range Safety Officers to work with the newcomers, watching their frustration turn to smiles as they start hitting bullseyes!! I would like to give a special thanks to **Frank Hignutt, Jim McGarry, Sherman Hartman, Ken Hignutt, Jerry Marrinucci, Lou Rider, Ed Crawford, and John Patten.** (My apologies if I left anybody out!)

As special recognition, The Cumberland Riflemen Junior Program would like to congratulate **Cassandra Crawford** for being awarded Distinguished Expert through the NRA/Winchester



These Juniors sure do concentrate!!

Shooting Program!! Cassandra is the first person to ever earn this award in the Cumberland Riflemen Junior Program. She has two other sisters, **Abbie** and **Chloe**, in our Junior Program who are also well on their way to earning this distinction.

As you read this newsletter, please let me know if you have any family members, neighbors, or



The firing line during a Junior Program Shoot. Lots of young ladies there, a very promising sign for the sport.

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CRI Junior Program

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friends that might have any interested youngsters in the age range of 10 - 18 years old. We have also added additional eligibility solely to 20 year old college students, home for the summer, who might have an interest in joining our 2022 Cumberland Riflemen Junior Program. Please contact me at my contact information listed below. We supply all equipment including safety items at a cost of \$25.00 per year. If money is a problem, we have a benefactor that covers all costs

involved. Feel free to contact me confidentially!

For more information please contact me,

John Patten
CRI Executive Officer and Junior Program Administrator
114 Cedar Ave.
Clayton, NJ. 08312
Cell Phone: 609-970-1546
EMail: songmangler52@gmail.com

Happy Holiday's to all!!

OUR SPORT: THE MEDICAL ASPECT Lead Toxicity Revisted

There is a dermatologist colleague in the Dakotas who is an avid hunter. While he was watching a presentation about lead poisoning in California Condors, he viewed a slide of a mule deer shot with a rifle of unspecified caliber. He was stunned to learn that a large section of the carcass was riddled with a number of lead fragments. Having access to x-ray equipment, he examined a hundred packages of frozen venison stored at a food bank. About sixty percent contained lead fragments. The report that followed prompted the state health department to warn pregnant woman and children under six not to eat venison killed with lead ammunition. This initiated the debate about eliminating lead ammunition, first from hunters and ultimately from the marketplace. This aroused environmental and health care alarmists—the tree huggers—to raise the roof about hunting altogether.

Little considered by hunters, and less known, is that tiny pieces of lead can disperse into the meat as

far as eighteen inches away from the wound channel. Bullet type, velocity, and shot placement, are factors that make a difference. The European Food Safety Authority has found lead levels in shot carcasses to be as much as a hundred times higher than the acceptable values. The EFSA is much stricter about food quality and safety than the good old FDA. If Europe is examining this topic, the concern is broader than originally thought. The FDA seems to have little interest in following through, so interested medical researchers use the EFSA numbers.

The omniscient CDC tested more than seven hundred people in a half-dozen North Dakota cities and found that game eaters had fifty percent more lead in their blood streams than those who ate no game. Not only quadrupeds, but also upland animals were included in these people's diets. The nitpicking started here. The average lead readings in the game eaters' blood was below the alarm level of 5.0

mcg/dL. It was 1.27 micrograms per deciliter, compared to 0.84 for the non-game eaters. [The average across the entire U.S. is 0.92 mcg/dL.](#)

The National Park Service jumped onto the bandwagon, and announced a plan to ban lead ammo and fishing tackle in the parks. That was to have been complete ten years ago. (Imagine split shot made from stainless steel.) The acting director said this would benefit all ecosystems...everywhere. There's no doubt that the salmon in Finland would be grateful.

The circuitous nature of government agencies didn't fail us in their next move. When an investigative journalist from PA looked into the matter of lead-laden game, she contacted the PA Game Commission, who referred her to the PA Dept. of Health, who sent her to the USDA, who sent her to the FDA, who then referred her to the PA Game Commission. The buck stops...nowhere.

After all the rambling, we do know that lead is neurotoxic and replaces calcium in bone, where it may be stored for years. For surveillance purposes, 5 mcg/dL is the point where quarterly evaluations are recommended by OSHA. At 10 mcg/dL, blood pressure is apt to rise and essential tremor might appear. In the sixty years I've been a shooter, I've seen a number of men with tremors. These men were concerned about all the worst things they could imagine, from neurodegenerative diseases to stroke, without ever being told that years of reloading, using lead-styphnate-based primers, molding fishing sinkers, and shooting lead wadcutters / semi-wadcutters could be the culprit. And how about the lead balls in the black powder sport? If essential tremor is your concern, get your lead values checked.

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VFW Brigantine Memorial Post 6964



Commander: Ralph Laltrella
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Lead Toxicity Revisited

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It's bad enough that we're vilified for being who we are and what we do. Now, the antis are using the tools and actions of our avocations against us. Hunters might consider burying the entrails of their catch instead of leaving it in a spot where scavengers can ingest leftover lead, whether bullet or shot. The Missouri Dept. of Conservation calculates that as many as fifteen million doves die from eating lead shot that looks like a seed they like to eat. Hunters might also butcher the meat at least six inches away from the projectile's entry point to minimize lead exposure.

It's prudent to remember that no lead level is safe. The University of Wisconsin estimated that if children ate just two meals a month of

meat that was contaminated with the average lead level of harvested game, they'd have blood readings as high as 10 mcg/dL, putting them at risk for diminished cognitive performance and behavior problems. Chronic kidney disease and cardiovascular disease are risks for adults.

It may be such that we can withstand levels as high as 20 mcg/dL without ill effect or mental deficits, but think how much better off we'd be if they were closer to zero. If you register an elevated level for lead, and if the doctor is obligated to report a high level to the state health department, we advise being careful of the explanation.

Dr. Tom Wnorowski.
BCIM, CNCC



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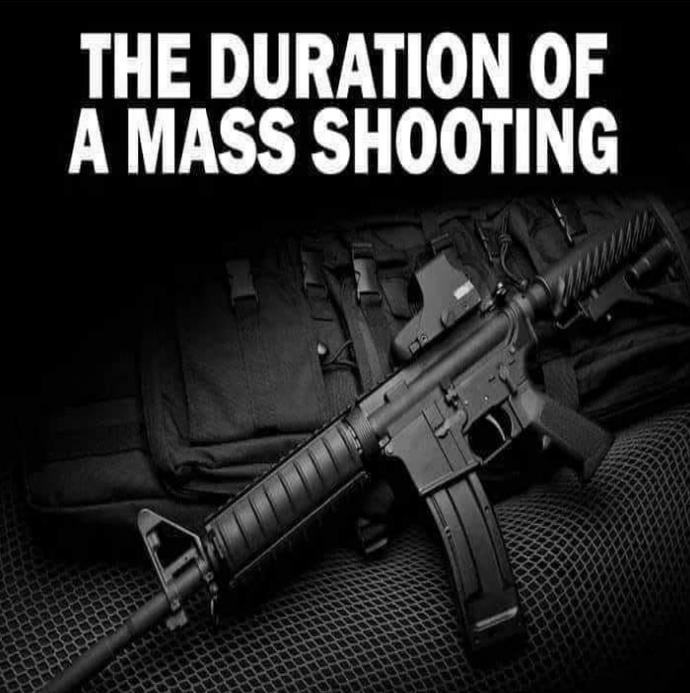
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THE DURATION OF A MASS SHOOTING



ALWAYS DEPENDS ON THE ARRIVAL OF A SECOND GUN



The Pistol League found the target with a rapid fire steady hand and pizza ! No slow fire here.

Bullseye Pistol League

It's new member time at Cumberland Rifleman, so I thought I'd take the time to explain the Bullseye League to our incoming members. **Bullseye Pistol** shooting, also known as "**Conventional Pistol**", will help you learn every aspect of the perfect shot. You can perfect trigger control, breathing, shooting under pressure, and concentration skills. Pure, fundamental marksmanship skill, can transfer to any discipline. In local, state & national competitions, a match consists of 270 shots for a possible 2,700, points or a "**2700 Match**". In the 100 plus years of this precision pistol competition, no one has ever shot a perfect score, and probably never will. The record stands at 2680-159X shot in 1974 by Hershel Anderson. Our Wednesday league uses a third of a 2700 match, or a "**900**" each night.

An example the outdoor "900" match would be:

- Two strings of slow fire. Each string consists of 10 shots in 10 minutes at 50 yards.

- One National Match Course consisting of one 10-shot slow fire string at 50 yards, two 5-shot strings of timed fire at 25 yards – 20 seconds each string, and two 5-shot strings of rapid fire at 25 yards – 10 seconds each string.
- Four strings of timed fire. Each string consists of 5 shots in 20 seconds at 25 yards.
- Four strings of rapid fire. Each string consists of 5 shots in 10 seconds at 25 yards.

With that said, I perfectly understand that the rules in each course of fire can be intimidating. Shooting one handed at 50-yards always gives me fits. That's not to say that timed and rapid fire are any easier!! They're not, they're just different. So, in order to attract new shooters to the league for the 2022 season, we will institute a variation of the NRA "**One or Two Handed Probationary Precision Pistol Match.**" Participants of our Wednesday night league will follow the same rules; however, will be able to use either (1) one or (2) two hands in

the courses of fire.

Highlights from the 2021 Pistol League:

This season we had 5 people with high scores in the 800's. We had more total 800's than I have seen since I have been a part of this league. The high score for the year was an 859 shot by **Tim Furey**. **Gabe Di Tomasso** had the most total X's with 279. **Gabe & Tim** tied for the most X's in a week with 26 each. Tim had the highest X's per week, with a 15.6 average. **Bob Baker** had the highest average score with an 814 and 16,299 aggregate. Congratulations to all!! It was a great year, and we are all looking forward to next year already.

Gabe Di Tomasso
Pistol League Chairman

Membership News

Many of us actually have no idea how many members we have in Cumberland Riflemen, so I thought I'd give a report.

Our "New Member Intake" was held on October 30th, and we presently have:

- 993 Paid Members
- 75 New Members brought in on October 30th.
- 1,068 Total Membership

(Special time considerations have been given due to the USPS new slow-down for First-Class Mail.)

Don't forget to update your present Membership Information to:

John Patten
CRI Executive Officer and
Junior Program Administrator.
114 Cedar Ave.
Clayton, NJ. 08312
Cell Phone: 609-970-1546
songmangler52@gmail.com

Mid Range Rifle

The 2021 Mid Range New Jersey State Championships were held on Sept 5th here at Cumberland. A total of 37 men and women came out to vie for the top place in the three recognized categories of the match which consisted of 60 rounds, all fired prone from 600 yards, for a possible score of 600-60x. A shooter must be a member of the *Association of New Jersey Rifle and Pistol Clubs* to be eligible for the top award.

The Mid Range sling category, fired on the standard military MR-1 target, was won by **Joe Fogg**, with an outstanding score of 598-28x.

The F-Class Open winner was **Chet Asher**, with a score of 576-8x. This category allows a forward rest or bipod and rear support bag, and is fired on MR-1F target with an X-ring that is only ½ MOA !

The F/Target Rifle category, fired from a front bipod and restricted to calibers .223 or .308, was won by **Frank Kreamsner**, with a score of 579-18x, on the MR-1F target.

This is a great sport, and an opportunity for almost anyone who has a center fire rifle capable of reaching out to 600 yards. Come on out next season!



Cumberland member, Joe Fogg, left, proudly receiving his New Jersey State Mid Range Championship award from Walt Schmidlin.



Frank Kreamsner, right, receives his New Jersey State F-Class/Target Rifle Championship award from Joe Fogg.

Mid Range Rifle

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The New Jersey State F-Class Mid Range Champion, CRI member Chet Asher, right, accepting his award from Joe Fogg.

Thoughts from the Executive Officer

What a crazy year this has been! COVID, Vaccines, Supply Chain Issues, and now Questionable Election Results. As you all know, legal firearms owners have always been “low hanging fruit” for our Anti-2nd Amendment Politicians in Trenton. This makes it extremely important to follow the comings and goings of all issues pertaining to legal firearms legislation in New Jersey. This election cycle surprised a lot of voters, as well as Democrats in the State Legislature, with

a strong Republican showing. We need to keep the pressure on, especially with the mid-term elections coming up in 2022.

One of our missions, for 2022, is to update the Cumberland Riflemen Website. Once done, this will be the go-to website, for all pertinent information regarding the Cumberland Riflemen. **Another issue I want to bring up is for all members to please take the time to contact me at songmangler52@gmail.com and update your**

names, addresses, phone numbers, and e-mail addresses. It is your responsibility to contact me with any updated information you want you have on file. This is extremely important for dues payments, important notices, range information, and upcoming classes to be held at the range. I found out this Fall just how many names had to be updated to track down members for dues payments. It is your responsibility to contact me:

John Patten
Cumberland Riflemen
Executive Officer
114 Cedar Ave.
Clayton, NJ. 08312
(Cell Phone): 609-970-1546
songmangler52@gmail.com

In addition, I want to remind every member who uses our ranges to make sure you leave the range cleaner than when you arrived. Your dues payments do not fund someone to clean up after you leave a mess on the range!

Lastly, remember we rely on volunteers for administrative jobs as well as work parties. Please contact me if you are willing to aid in any of these jobs and responsibilities.

Wishing you all a safe and fantastic Holiday Season, and hope to see you on the ranges throughout the winter (weather permitting) and in 2022.

John Patten
 Executive Officer

